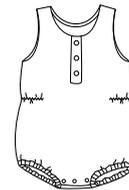
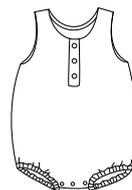




# ikatee

French Sewing Patterns for Kids



## **SYDNEY**

Unisex romper

1, 3, 6, 12, 18, 24 months

**Skill level: intermediate to advanced**

# PRODUCT DESCRIPTION

Unisex romper pattern for baby.  
Tank top or long sleeve versions.  
Front opening with a partial button placket.  
Crotch opening with gusset.  
Elasticated thighs.  
Collar ruffle option.  
Partial elastic at the waist option.

The timeless romper for girls and boys



**What you will learn with this sewing pattern:** how to assemble a partial button placket, how to sew elasticated thighs and gusset, how to finish edges with a band, how to partially elasticate the waist.

**A video is available for free access on the website.**  
<https://ikatee.com/pages/sydney-sewing-pattern-video-tutorial>

# FABRIC RECOMMENDATIONS

Best fabric to use for this design

## MAIN FABRIC

- woven : poplin, batiste, gauze, light denim, tencel, viscose, linen, eyelet fabric, plumetis
- knit : jersey, interlock, eyelet knit

Age		1m	3m	6m	12m	18m	24m
Height (cm)		53	60	67	74	81	86
Fabric - 140cm	tank top	40	45	50	50	55	55
	in yard	1/2	1/2	5/8	5/8	5/8	5/8
+ collar ruffle		45	50	55	60	60	65
	in yard	1/2	5/8	5/8	3/4	3/4	3/4
long sleeves		40	45	50	60	65	70
	in yard	1/2	1/2	5/8	3/4	3/4	7/8
+ collar ruffle		50	55	60	65	70	80
	in yard	5/8	5/8	3/4	3/4	7/8	7/8
Elastic 1cm wide (in cm)	thighs	100	100	100	100	100	100
	long sleeves	28	30	31	33	34	35
	elasticated waist	21	22	23	24	25	26

# SUPPLIES

What you need

## OTHER NOTIONS

- 6 snaps and/or 9-12mm buttons (3 for the front button placket and 3 for the crotch opening)
- 1cm wide elastic (for the thighs, sleeves bottom and waist)
- thin fusible interfacing (for the button placket and gussets)

Fabric requirements can be reduced if a bias binding is used in place of the neckline and armholes bands or if the band are cut from another fabric.

For the elastic measurement, add the different needs according to the options chosen.

Some tips before starting...

## HOW TO PICK THE RIGHT SIZE

The pattern goes from 1 month to 24 months. It is recommended that you look at the measurements of the child for whom the product is intended first and choose the most appropriate size. Most important measurement is the height. Ikatée generally proposes sewing patterns that fit to age (first check the height and see the matching age). Do not oversize!

### European standard measurement guideline (in cm):

age	1m	3m	6m	12m	18m	24m
height (cm)	53	60	67	74	81	86
waist measurement	36	40	44	48	50	50

## PDF PRINTING AND ASSEMBLY

1. Select the file for the right age you are planning on making.
2. **Print at scale 100%**. I highly recommend that you check the size of print is correct and at scale. Print only the first page and measure that the scales of 3 centimeters or 1 inch box on the sewing pattern to make sure that the size of your print is correct. **You can print on either A4 or US Letter pages.** The pattern will fit both sizes.
3. **Put the pages together** according to the diagram that's on first page (following the order 1, 2, 3 etc) and match the black triangles together to form squares. The print margins around the pages are to be cut or folded, and removed. **Use tape to stick the pages together** especially inside pattern pieces.
4. **Cut** around the cutting lines (seam allowances are included).
5. **Cut with the diagram** underneath that you have all pieces markings and notes.

## FABRIC PREPARATION

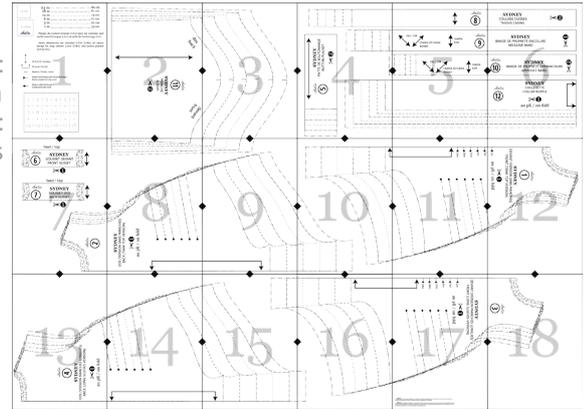
Iron the fabric (preferably with steam) to stabilize it and facilitate the installation of the pattern. It is recommended to wash the fabric before to soften it and to avoid any shrinkage after cutting.

## CHOICE OF SPECIFIC FABRICS

In the case of patterned fabrics:

- "direction" pattern: pieces are cut in the same direction
- checkered pattern: it is important to make sure to match patterns
- "without direction" pattern (small flowers or polka dots): no specific precautions

Pages 10 to 12 :  
tank top version  
Pages 13 to 18 :  
long sleeves  
version



18 pages to print out, 12 pages from 1 to 6 months.  
The pattern is also available in A0 format to print on 1 page in a specialized store (the position of the pieces is then different from the diagram above).

# CUTTING

Seam allowances are included in the pattern

## PATTERN PIECES

- ① FRONT (TANK TOP VERSION): ∞ 1 on fold
- ② BACK (TANK TOP VERSION): ∞ 1 on fold
- ③ FRONT (LONG SLEEVES VERSION): ∞ 1 on fold
- ④ BACK (LONG SLEEVES VERSION): ∞ 1 on fold
- ⑤ BUTTON PLACKET: ∞ 2 (one right, one wrong side)
- ⑥ FRONT GUSSET: ∞ 1
- ⑦ BACK GUSSET: ∞ 1
- ⑧ THIGHS CASING: ∞ 2 (one right, one wrong side)
- ⑨ NECKLINE BAND: ∞ 1
- ⑩ ARMHOLE BAND: ∞ 2 (one right, one wrong side)
- ⑪ SLEEVE: ∞ 2 (one right, one wrong side)
- ⑫ COLLAR RUFFLE: ∞ 1 on fold

## CUTTING LAYOUT INSTRUCTIONS

- The following fabric layouts are for a fabric width of 140cm. The fabric is folded in 2 along the grainline right sides together. The border lines are the cutting lines, including the seam allowances (= 7mm except button placket = 1cm and sleeve hem =2,2cm).
- If using a slightly thicker fabric, you can cut a button placket in a thinner fabric, it will be the below placket. You can also cut the two plackets in a thinner fabric to obtain a contrasting button placket. The thighs casings and gussets can also be cut in a thinner fabric to avoid over-thicknesses.

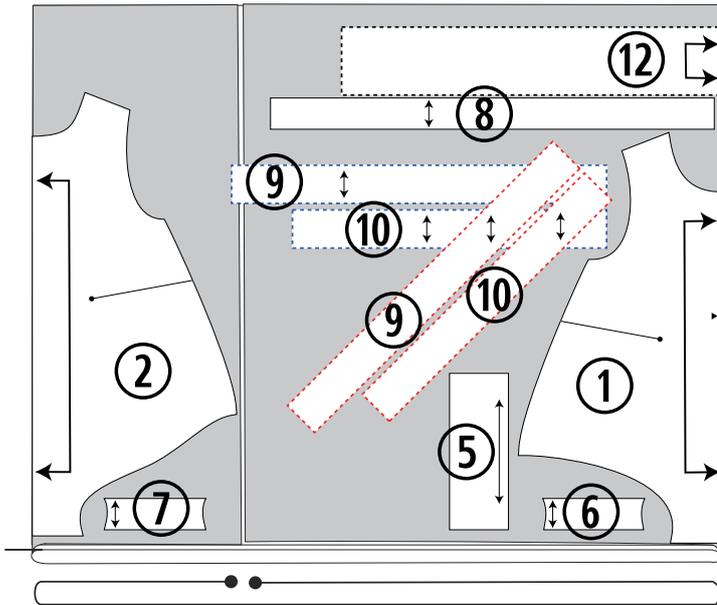
## NECKLINE AND ARMHOLES BANDS

- The bands have been designed to be cut from the fabric of the romper. To reduce the consumption of fabric, or if the fabric is a little thick, it is possible to cut these bands in another fabric.
- These bands are cut on the bias for a woven fabric and in the straight grain for the knits.
- For bands in knit, you have to stretch them very lightly during sewing so that once finished, the fabric is well pressed against the skin.
- If you prefer, you can replace the bands with a bias binding but the assembly will not be detailed in this guidebook.

# Fabric 140cm of width

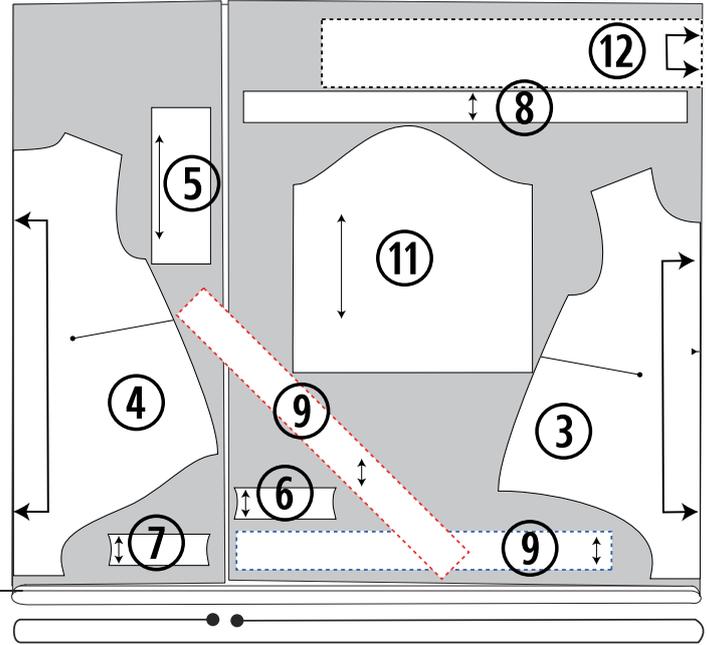
- COLLAR RUFFLE OPTION
- WOVEN FABRIC (bias)
- KNIT FABRIC (grainline)

- ⑨ piece to be cut only once on a single thickness of fabric
- Pattern pieces
- Fabric wrong side



140 cm folded in 3

TANK TOP VERSION



140 cm folded in 3

LONG SLEEVES VERSION

# KEY POINTS

And some tips...

Draw the sewing lines:

- The sewing lines are not drawn on the pattern. You can draw them if you need to. The seam allowances are 7mm = 1/4 inches except for button plackets 1cm and sleeve hem 2,2cm.

Transfer the notches, markings and notes:

- Draw carefully the notches, markings (folding lines, button-holes, pockets notches, any marks positions...) and notes (piece's numbers).

After cutting the fabric, check:

- Before sewing, place the pieces to build up the garment approximately. Check that nothing is missing.

...and while sewing:

- Regularly check your work. If needed, do not hesitate to unpick and give it another go to make it even neater.
- After finishing each step, don't forget to finish and reduce the seam allowances up to 4mm minimum.

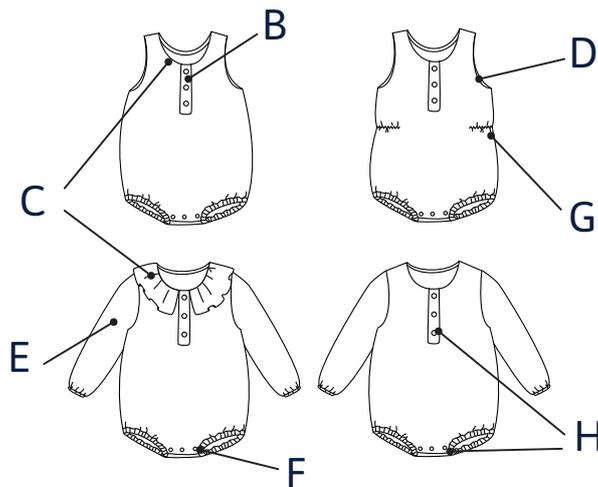
Inside seams:

- After sewing any seam, neaten the raw edges to prevent them from fraying. You can even neaten the two layers together at the same time. Use either a zigzag stitch, a overcasting stitch or even a overlocker.
- The use of a serger is ideal but not essential. If you have one, use a 4-threads overlock on the seam to join and overlock at the same time.

# SUMMARY OF INSTRUCTIONS

Key steps

- A. LAY OUT THE PATTERN PIECES, CUT AND INTERFACE
- B. PARTIAL BUTTON PLACKET
- C. NECKLINE
- D. TANK TOP VERSION: ARMHOLES FINISHES
- E. LONG SLEEVES VERSION: ASSEMBLE SLEEVES
- F. ELASTICATED THIGHS AND GUSSET
- G. ELASTICATED WAIST OPTION
- H. FINISHES



# STEP-BY-STEP INSTRUCTIONS

<https://ikatee.com/pages/sydney-sewing-pattern-video-tutorial>

## Legend:

right side

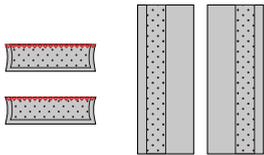
R/R: with right sides together

wrong side

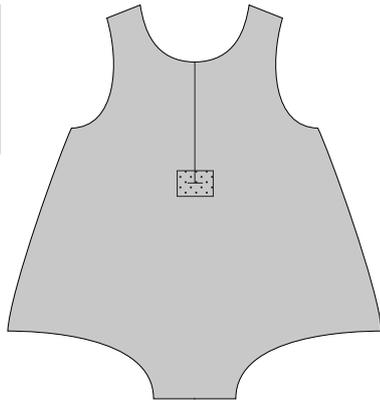
W/W: with wrong sides together

## A. LAY OUT THE PATTERN PIECES, CUT AND INTERFACE

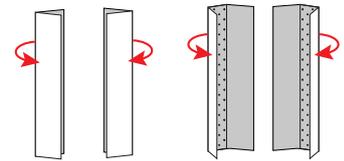
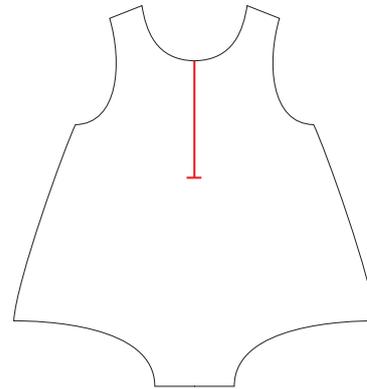
**1** Place all the pattern pieces according to the cutting layout instructions and following the grainline. Pin the pieces on the fabric, mark the outlines corresponding to the cut lines and carefully retrace other information and markings. Cut the pieces and control them.



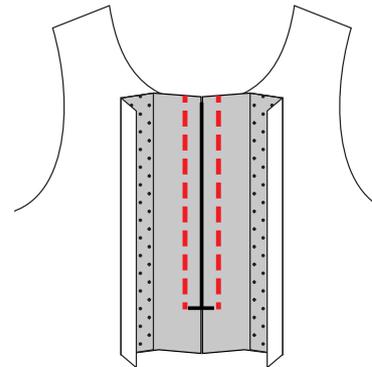
**2** Cut 2 bands of 2cm in interfacing and fuse half of each button placket, avoiding the seam allowances. Fuse a rectangle at the bottom of the slit of about 3,5cm\*2,5cm (L\*H). Fuse the front and back gusset pieces, avoiding the seam allowances, then overcast or overlock the top of the gussets.



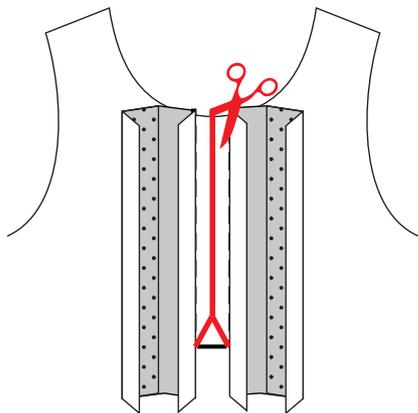
## B. PARTIAL BUTTON PLACKET



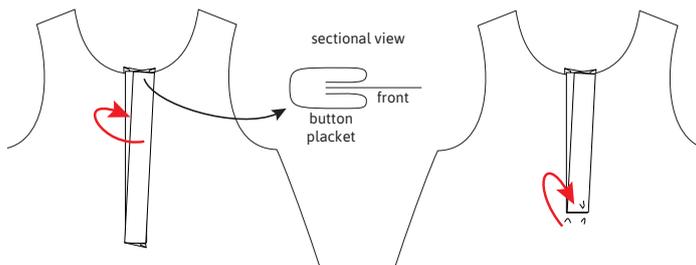
**3** Mark the slit precisely on the front from the center front to the slit stop mark. Fold the button plackets in half in height W/W and iron. Then iron a 1cm fold on a long side of the placket, on the fused side.



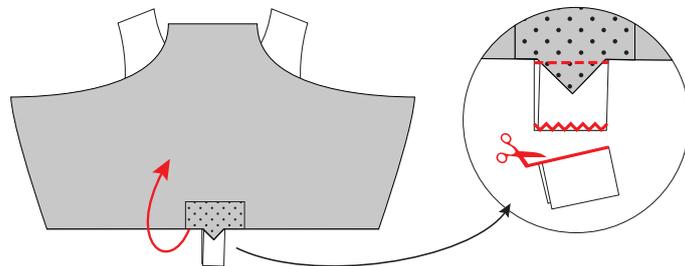
**4** Place the button plackets along the slit line (edge not pre-folded), allowing the button placket exceeding a few millimeters at the top. Mark precisely with a pen the line of stitching which is 1cm (3/8in.) from the line of the slit and which ends exactly at the end of the slit. Stitch along the stitching lines on both button plackets.



**5** Cut the slit along the slit line and stop about 1cm (3/8in.) before the end of the slit and cut bevel exactly to the last stitching point of the button plackets (stop just before the stitching, do not cut it). **Cut only the front, not the button plackets.**



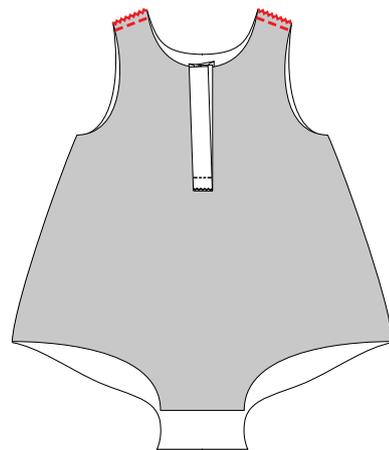
**6** Fold the button plackets according to the folds already ironed previously: the button plackets therefore "take in" the front. Pass the bottom of the button plackets on the front wrong side. The diagram shows a button placket for a boy opening, for a girl you have to place the right button placket to wear above the left button placket.

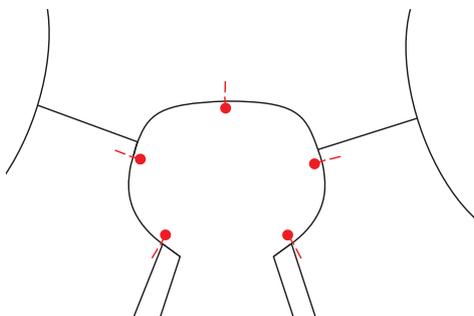


**7** Fold the front so you can access the bottom of the slit on the wrong side. So we have two button plackets and the front triangle. Stitch together as close as possible to the bottom of the slit. If necessary, cut the bottom of the button plackets 1.5 cm (5/8in.) from the stitching and overcast or overlock the bottom of the button plackets. Iron well on the right side.

### C. NECKLINE

**8** Place the front and back R/R and stitch at 7mm (1/4in.) the shoulders. Overlock or overcast the edges together.

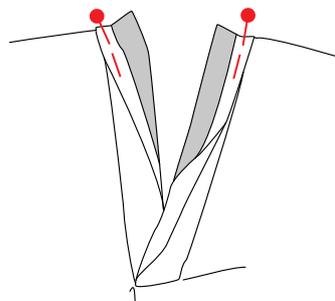
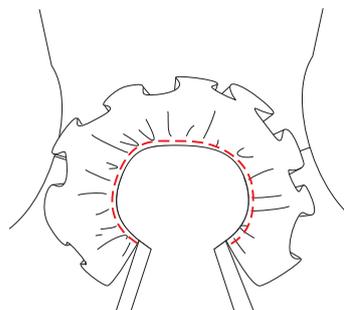
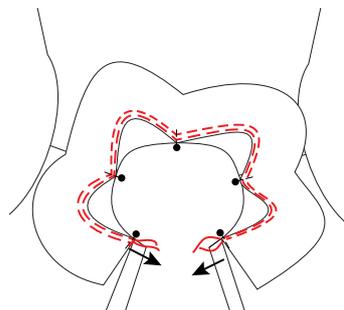




**9** **COLLAR RUFFLE OPTION:** finish the two short sides and one long side of the collar ruffle, 4 possibilities depending on the fabric used:

- make a very thin hem (knit and woven).
- leave the edge raw, the knit does not fray but will roll slightly (knit only).
- make a rolled hem with a serger or a very tight zigzag stitch using a classic sewing machine (knit and woven).
- make an embroidery finishing point (for example scallops) according to your sewing machine (knit and woven).

**10** **COLLAR RUFFLE OPTION:** stitch 2 parallel rows of gathering threads on the long unfinished side of the collar ruffle (long stitch and low thread tension). Be careful not to stop the threads at the beginning and end of stitching. Divide the collar ruffle in four equal parts and mark with pins, then do the same with the neckline between the ends of the two button plackets.



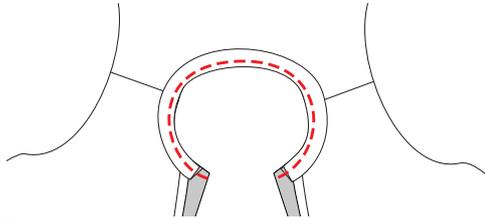
**11** **COLLAR RUFFLE**

**OPTION:** place the wrong side of the collar ruffle on the right side of the neckline and match the pins. The collar ruffle must end at the ends of the button plackets. Pull on the gathering threads until the collar ruffle is the same length as the neckline. Stitch in the seam allowance to hold the collar ruffle in place.

**12** Fold the top of the button plackets R/R on the front and pin to hold in place.

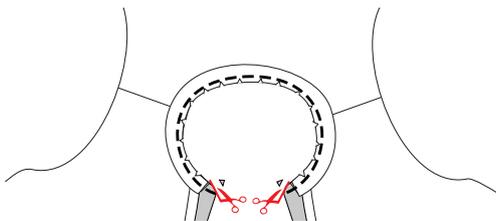


- 13** Fold the neckline band in half along its length W/W and iron well.

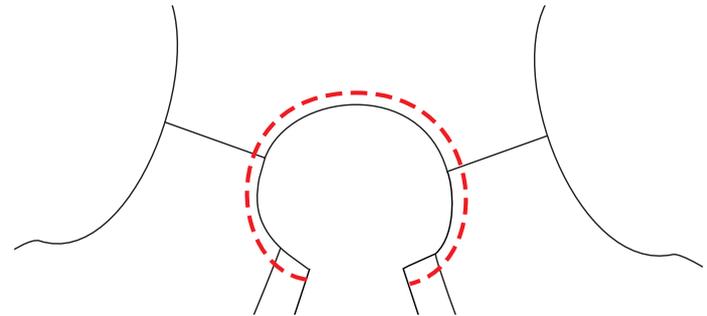
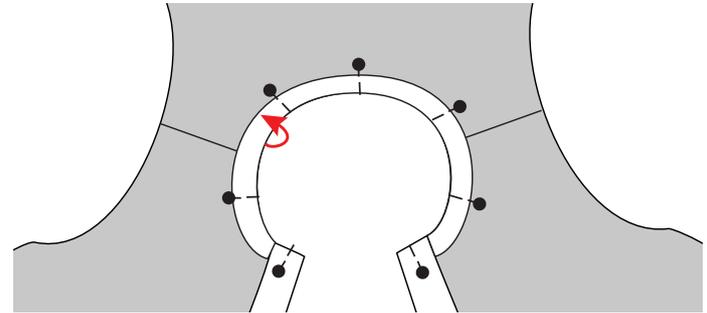


The neckline band is longer than the neckline, once pinned properly, cut off the excess.

- 14** Place the folded in two neckline band R/R, raw edges along the neckline. Start and finish it at about half of the button plackets (avoids excess thickness at the corners). Stitch at 7mm (1/4in.) all around from the neckline, from one end of the button placket to the other. If collar ruffle option, then this was sandwiched.



- 15** Trim the seam allowances to 4mm (3/16in.), notch in the rounds every few centimeters and cut the corners.



- 16** Turn the band on the wrong side of the garment and the button plackets on their right side. Pin the band inside the garment and stitch it in place on the outside of the garment to avoid wrinkling. If collar ruffle option, be careful not to take it in the seam.

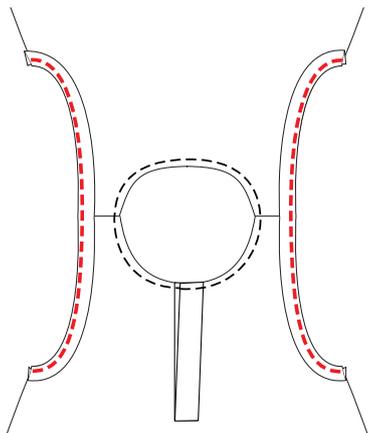
## D. TANK TOP VERSION: ARMHOLES FINISHES

For experienced seamstresses, sew the armhole bands after closing the sides, but sewing is more difficult because of the pronounced rounding of the armhole, especially for small sizes.

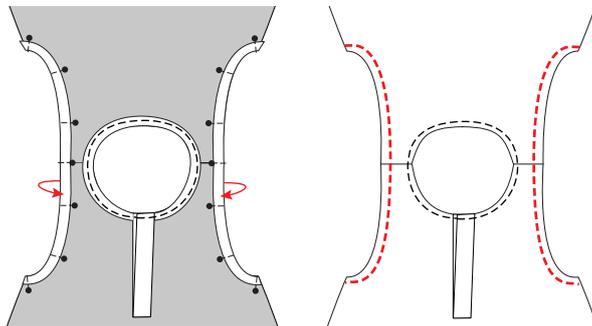


- 17** Fold the armhole bands in half along their length W/W and iron well.

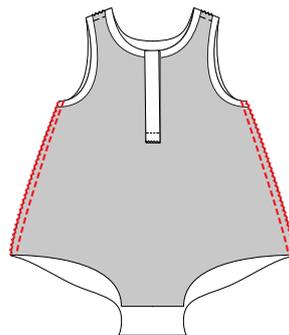
The armhole bands are longer than the armholes, once stitched, cut off the excess at the ends.



- 18** Place the folded in two armhole bands R/R along the armholes. Stitch at 7mm (1/4in.) then trim the seam allowances to 4mm (3/16in.) and notch in the rounding every few centimeters.



- 19** Pin the bands inside the garment and stitch them in place on the outside of the garment to avoid wrinkling.

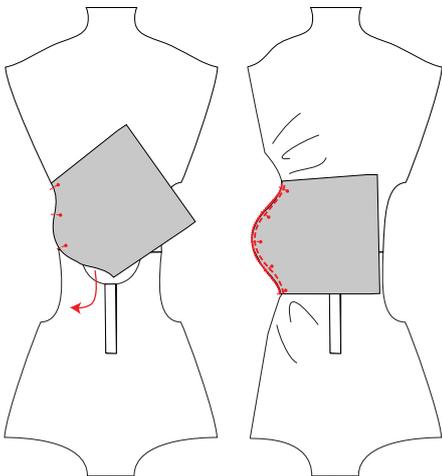


- 20** Place the front and back R/R and stitch the sides at 7mm (1/4in.). Overcast or overlock the edges together.

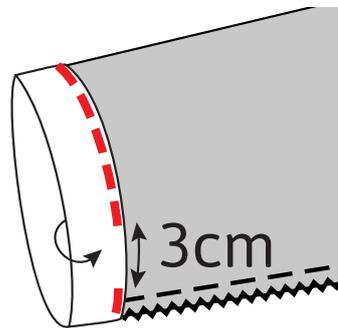
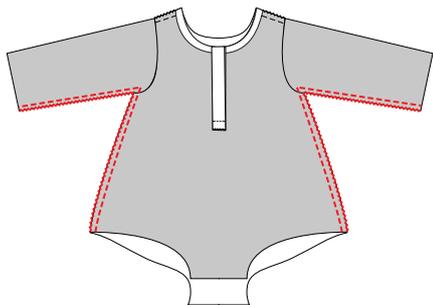
## E. LONG SLEEVES VERSION: ASSEMBLE SLEEVES

- 21** Overlock or overcast the sleeves bottom. Iron a first fold of 7mm (1/4in.) then a second of 1.5cm (5/8in.) on the wrong side of the sleeve.

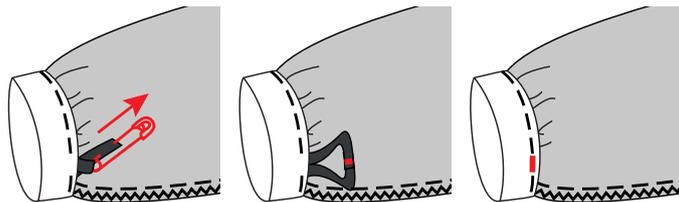
**22** Place R/R the sleeve along the armhole. Align the middle of the sleeve head with the shoulder, then pin along the armhole. Stitch at 7mm (1/4in.) and overcast or overlock the edges together. Repeat on the other sleeve.



**23** Place R/R the under-sleeves together then the sides of the body together. Carefully align the seams at the bottom seam of the armhole. Stitch in a single stitch at 7mm (1/4in.) the under-sleeves and then the side. Overcast or overlock the edges together.



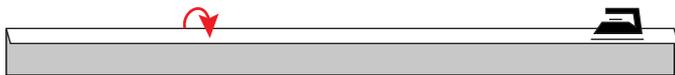
**24** Reform the previously ironed folds at the bottom of the sleeves (7mm (1/4in.) then 1.5cm (5/8in.)) and stitch the hem as close as possible to the edge, leaving an opening of 3cm (1-1/4in.) not sewn to insert the elastic.



**25** Cut the elastic to the size given in the table below (1cm (3/8in.) seam allowances at the ends included). Insert the elastic in the hem of the sleeve using a safety pin stitched at one end. Superimpose the two ends on 1cm (3/8in.) and stitch together. Tuck the elastic completely into the hem and finish the stitching of the hem on the 3cm (1-1/4in.) left open.

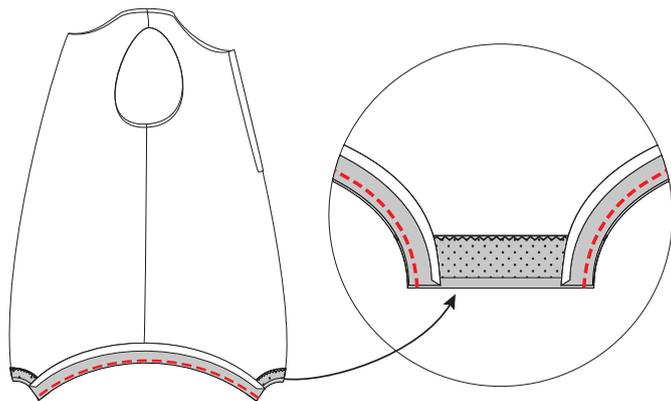
Age	1m	3m	6m	12m	18m	24m
Wrist elastic measurement (in cm and in.)	14	14,7	15,4	16,1	16,8	17,5
	5 1/2	5 3/4	6	6 1/4	6 1/2	7

## F. ELASTICATED THIGHS AND GUSSET

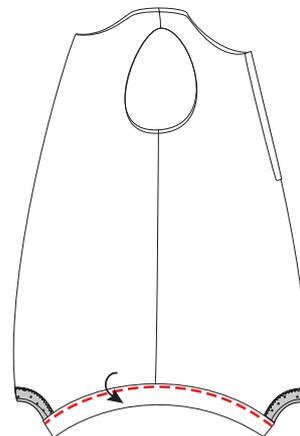


- 26** Make a 7mm (1/4in.) fold on a long side of each thighs casing.

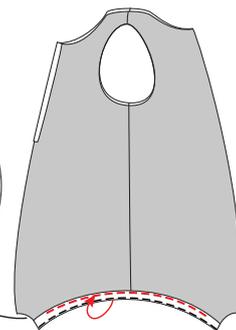
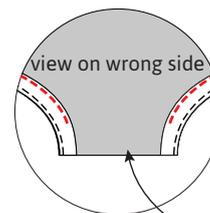
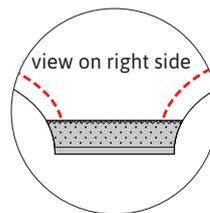
The thighs casing piece is provided slightly longer than the thighs to be comfortable when sewing, cut the excess once stitched.



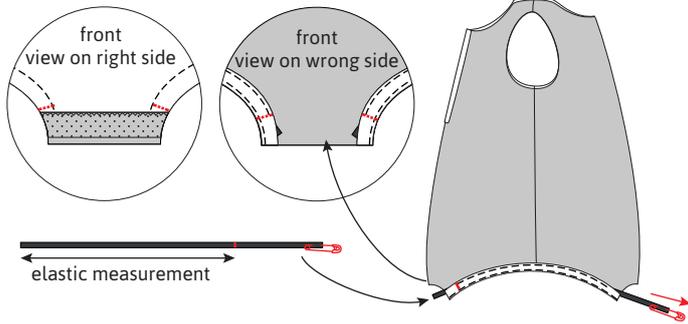
- 27** Place R/R the front gusset on the front and the back gusset on the back (overcast edges of the gussets upwards). Pin to hold in place but do not stitch (it will be done later step #32). Place a thigh casing over R/R at each thigh, aligning the edges of the thigh and the unfolded edge of each casing. Stitch at 7mm (1/4in.).



- 28** Understitch the seam allowances of the thighs to the casings: fold the casings over, place the seam allowances under the casings and topstitch the casings to 3mm (1/8in.).

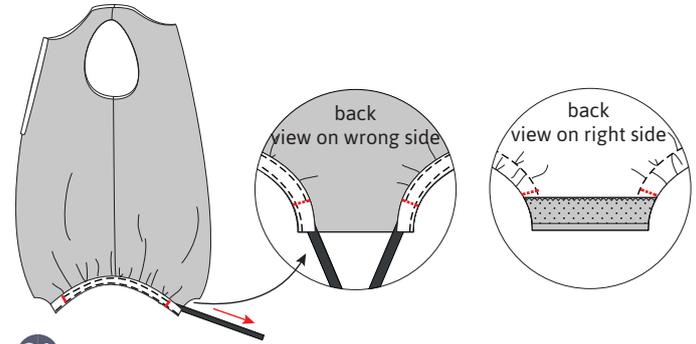


- 29** Turn the casings on the wrong side of the garment, reform the 7mm (1/4in.) folds and stitch all the way round the thigh. Stop the stitching just before the back and front gussets. The gussets are therefore not caught in the stitching and the casings are not stitched to the end.

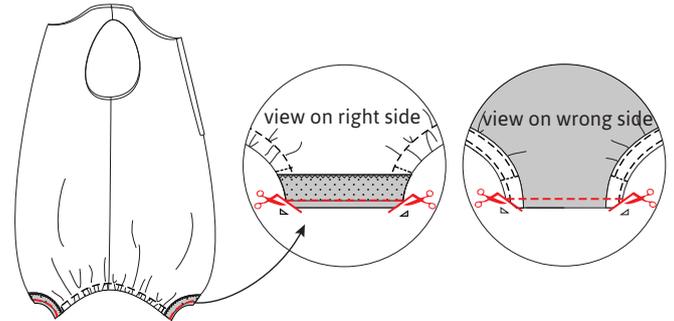


**30** Cut two pieces of elastic about 50cm (this allows to be more comfortable for the assembly by having a long length of elastic). Mark the length recommended in the table below on each elastic. Insert the elastic in the casings using a safety pin, starting from the front gusset and leaving on the back gusset. Stitch the ends of the elastics perpendicular to the casings just before the front gusset.

Age	1m	3m	6m	12m	18m	24m
Thighs elastic measurement (in cm and in.)	22 8 3/4	23 9	24 9 1/2	25 9 3/4	26 10 1/4	27 10 3/4



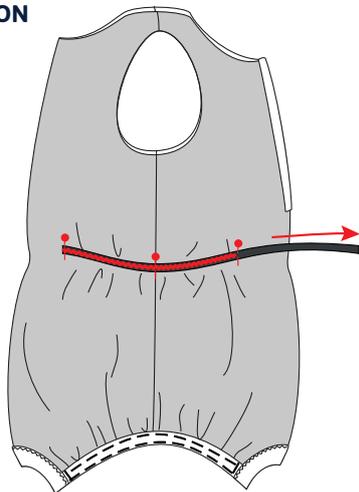
**31** Pull on the other end of the elastics until you see the previously marked notch and also stitch the elastics perpendicular to the casing just before the back gusset. Then cut the excess elastic.



**32** Stitch the front and back crotches at 7mm (1/4in.). There are three thicknesses (front or back, gusset R/R, casings stitched on the wrong side of the garment). Cut the corners and turn the gussets on the wrong side of the garment.

## G. ELASTICATED WAIST OPTION

Age	Elastic (cm)	(in.)
1m	10,5	4
3m	11	4 1/4
6m	11,5	4 1/2
12m	12	4 3/4
18m	12,5	5
24m	13	5 1/4

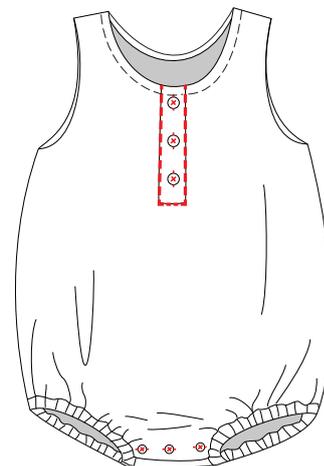


**33** Mark on the elastic the length given in the table above but do not cut (this allows to keep a "grip" to pull on the elastic). Also mark half of this length. Turn the romper on its wrong side. Pin the ends of the elastic at the ends of the front and back waist marks as well as the middle mark of the elastic with the side seam. The seam line is not straight, it makes a slight "V", this is normal. Start stitching a few stitches at the zigzag stitch at the end of the back mark (front and back stitches to block the seam). Leave the needle stuck in the fabric and stretch the elastic between the pins to distribute the tension evenly. Stitch in a zigzag stitch, with one hand in front of the presser foot holding the elastic and the other hand behind the presser foot of the machine to maintain tension without holding back the work. Cut the elastic at the mark and repeat for the other side.

## H. FINISHES

**34** Optionally, topstitch around the button placket to hold the folds on the wrong side.

**35** Make the vertical buttonholes on the front button placket: the first buttonhole is located just below the stitching of the neckline band and the third 2cm (3/4in.) above the end of the button placket, the second is centered between the two. Sew the buttons facing the buttonholes, or put snaps.



**36** The front gusset is positioned above the back gusset. Embroider 3 buttonholes horizontally on the front gusset (center a buttonhole and sew the other two at the ends on either side) and sew the buttons opposite on the back gusset. You can otherwise opt for snaps, the male snaps are placed on the back, the female snaps on the front.

**37** Congrats, your SYDNEY romper is over!

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